**ACTIVITY SHEET 1**

**Hand Stencils**



Equipment

Paper plates (optional)

2-3 metre length of paper or fabric

Tempera paint diluted 50/50 with water

Spray bottle

Steps

Show students a range of examples of Aboriginal hand stencils so they understand what they are aiming for.

Explain how Aboriginal people made the stencils – by filling their mouths with a mixture of ochre and water, then spraying it over their hand held against the rock.

Explain that for safety reasons they will be using a slightly different method.

1. Students place one of their hands on a sheet of paper, trace around it and cut it out.
2. For individual stencils, students place their hand cut-out on a paper plate.

For class stencil, students arrange their hand cut-outs on a length of firm paper or fabric

1. Add diluted tempera paint to a spray bottle
2. Squirt lightly around each hand. Let dry thoroughly.
3. Remove the hand cut-outs.

Tips

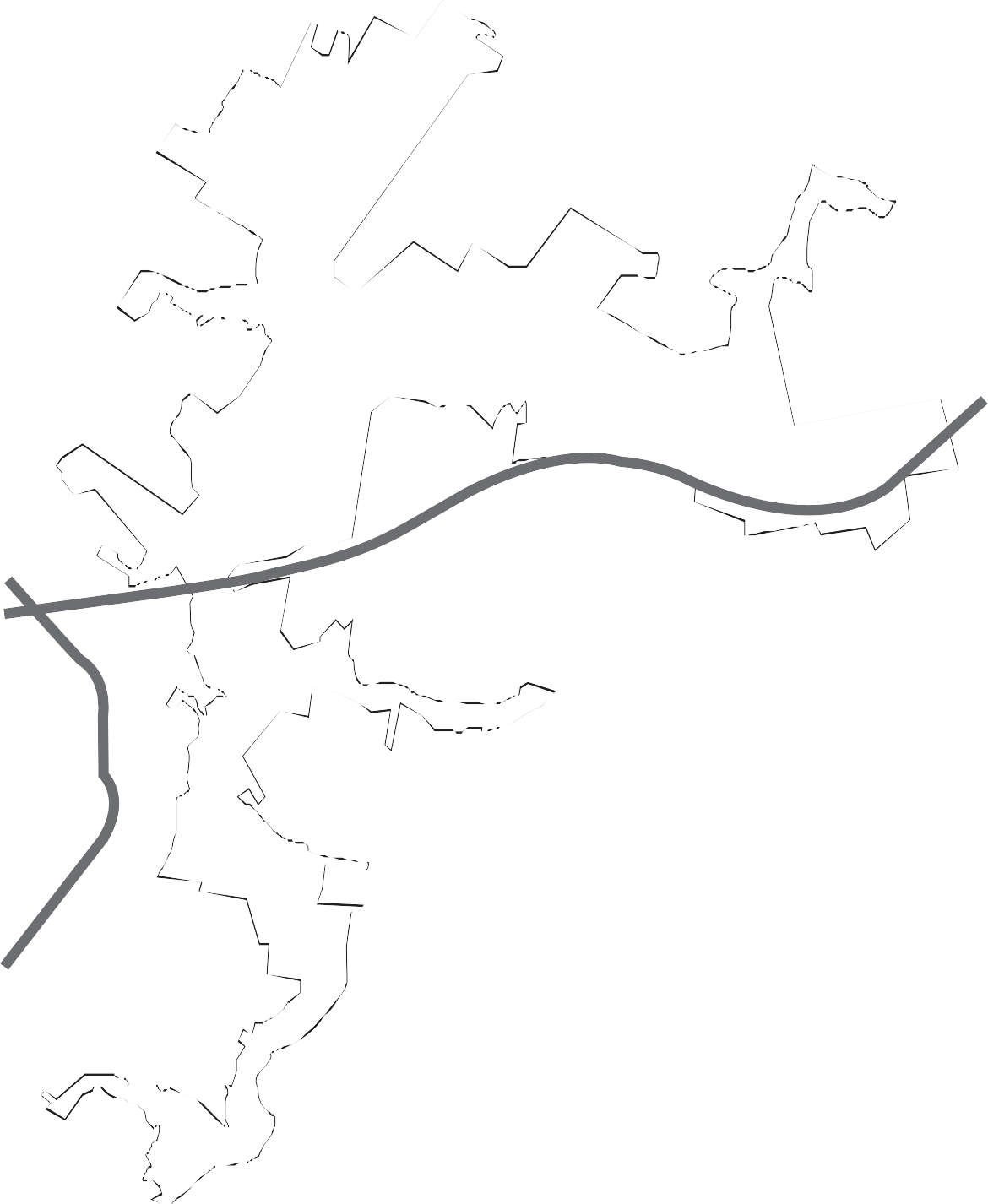
Black, white or yellow paint looks good against cream or ochre coloured paper or fabric.

Figure 10: Aboriginal hand stencils, Red Hand Cave, Blue Mountains National Park, believed to be between 500 and 1600 years old. National Parks NSW: http://www.nationalparks.nsw.gov.au/things-to-do/Aboriginal-sites/Red-Hands-Cave

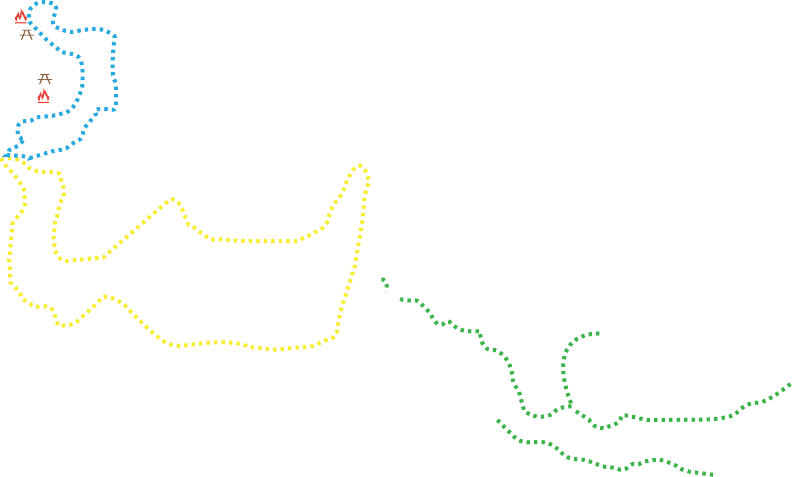
**56**WORKSHEET – TOPIC ONE: A RAILWAY FOR SYDNEY’S NORTH WEST REGION

**ACTIVITY SHEET 2**

**Bidjigal Reserve Map**

Castle Hill

**P**

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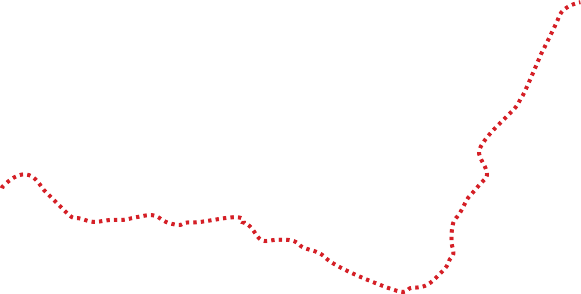
**P**

**P T**

Eric Mobbs Reserve

**P**

**P**

West Pennant Hills

Richard Webb   
Reserve



Baulkham Hills

Bald Hill

Bidjigal Reserve

& Surrounding Bushland

**P**

**P T**

Ted Horwood

Reserve

**P** Bidjiwong Community

Nursery

M2 Motorway

North Rocks

Windsor   
Road

Carlingford

Northmead **P**

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The Convict Road

**P**

Instructions

Shade reserve land green and built-up area pink

Create a key showing reserve land and built up area, major roads and three walking tracks, Burraga (yellow); Platypus (blue); Murri-yanna (red); Other tracks (green)

Include parking, barbeque, picnic facilities, playground and toilet



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